

# Lifestyle Activities

## 1-3 November

Time	Location	Activity	Notes
Friday 1 November			
10am-11am	Wisteria	Seated Exercises	
10am-11am	Riddle North	Colour Me Calm	
2pm – 3pm	Hub	Bocce	
Saturday 2 November			
930am-11am	Hub	Christmas Pageant on the Big Screen	
2pm-3pm	Hub	Bingo	\$2.50
Sunday 3 November			
10am-11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	High Tea	\$2.50

# Lifestyle Activities

## 4-10 November

Time	Location	Activity	Notes
Monday 4 November			
10am - 11.15am	Hub	Tots at Dots	
10.00am – 11.30	Cafe	Melbourne Cup Sweeps	
2pm – 3pm	All areas	Christmas tree decorations	
Tuesday 5 November			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
2pm-3pm	HUB	Melbourne Cup	
Wednesday 6 November			
10.30am- 11am	Hub	Uniting Church Service	
2pm – 3pm	Hub	Cornish Choir	\$5.00
Thursday 7 November			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Riddle North	Armchair Travel to Kenya	
Friday 8 November			
10am - 11am	Wisteria	Seated Tai Chi	
2pm-3pm	All areas	Christmas tree decorations	
Saturday 9 November			
10am - 11am	All areas	Christmas tree decorations	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
Sunday 10 November			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

# Lifestyle Activities

## 11-17 November

Time	Location	Activity	Notes
<b>Monday 11 November</b>			
10am - 11am	Shed	Remembrance Day	
2pm-3pm	Day Therapy Dining Room	Book Discussion Group: Food and Cooking	
<b>Tuesday 12 November</b>			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
9am	Wisteria	Hearing Clinic	
2pm-3pm	Riddle South	Christmas Stall by Antoinette	
<b>Wednesday 13 November</b>			
10.00am-11am	Hub	Whiteboard Games	
2pm-3.15pm	Hub	Singalong with Ollie and Dean	
<b>Thursday 14 November</b>			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm-3pm	Riddle North	Anglican Church Service	
<b>Friday 15 November</b>			
10am – 11am	Hub	Mixed Games	
2pm - 3pm	Hub	Movie – Nanny Diaries	
<b>Saturday 16 November</b>			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3pm	Hub	Bingo	\$2.50
<b>Sunday 17 November</b>			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	Quiz	

# Lifestyle Activities

## 18-24 November

Time	Location	Activity	Notes
<b>Monday 18 November</b>			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Card Making	\$2.50
2pm-3pm	Chester	Brain Teasers	
<b>Tuesday 19 November</b>			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Wisteria	Fancy Nails	Book with Lifestyle
2pm-3pm	Riddle South	Shuffleboard	
<b>Wednesday 20 November</b>			
10.30am – 11pm	Hub	Uniting Church Service	
10am-11am	Riddle North	Intergenerational Morning Tea	
2pm – 3.15pm	Hub	Laurel's Piano Concert	\$5.00
<b>Thursday 21 November</b>			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm – 3pm	Hub	Terry White Christmas stall	
<b>Friday 22 November</b>			
10.30am-11.30am	Wisteria	Seated Tai Chi	
1.30pm - 3pm	Hub	Clothing Stall: Dressed for Success	
<b>Saturday 23 November</b>			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
<b>Sunday 24 November</b>			
10am-11am	Hub	Café Club	\$2.00
2pm-3pm	Hub	Bingo	\$2.50

# Lifestyle Activities

## 25-30 November

Monday 25 November			
10am - 11am	Hub	Tots at Dots	
1.30pm-3.30pm	Meet at the café at 1.15pm	Bus Trip to "Boat Shed", Hallett Cove. Coffee and cake outing	Please book with lifestyle
Tuesday 26 November			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Riddle South	Quiz	
2pm-3pm	Hub	Martin's Concert	\$5.00
Wednesday 27 November			
10.30am-11am	Hub	Church of Christ Church Service	
10am-11am	Riddle North	Catholic Mass	
2pm-3.15pm	Hub	Singalong with Ollie and Dean	
Thursday 28 November			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
<b>Special Luncheon</b>			
2pm – 3.15pm	Shed	Men's Shed	Xmas Theme
Friday 29 November			
10am – 11am	Wisteria	Seated Exercise	
2pm - 3pm	Hub	Birthday Afternoon Tea	
Saturday 30 November			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3pm	Hub	Bingo	\$2.50

