## Lifestyle Activities

#### 1-8 December

Time	Location	Activity	Notes		
Sunday 1 December					
10am-11am	Wisteria	Seated Exercise			
2pm – 3pm	Hub	High Tea	\$2.50		
Monday 2 Decemb	per				
10am-11.15am	Hub	Tots at Dots			
2pm-3pm	St Clare	Christmas Card Making	\$2.50		
Tuesday 3 Decem	ber				
9.45am - 11.15 am	St Clare	Art Group with Meredith	\$5.00		
2pm-3pm	Riddle North	White board Games			
Wednesday 4 De	cember				
10.30am – 11am	Hub	Uniting Church Service			
2pm -3pm	Hub	Christmas Party:Frank's Concert	Cheater & St Clare		
Thursday 5 Dece	mber				
10am-11am	Café area	Walking Group with Garden Talk			
2pm-4pm	Riddle North	Christmas Door Deco Craft			
2pm – 3pm	Bric a Brac Trolley	All Areas			
Friday 6 December	er				
10am-11am	Wisteria	Seated Tai Chi			
1.30pm – 3.30pm	Hub	Movie – Christmas on Mistletoe Farm			
Saturday 7 December					
10am-11am	Riddle North	Knit and Natter			
10am	All Areas	Shopping Trolley			
2pm-3pm	Hub	Singalong with Ollie and Dean			
Sunday 8 December					
10am-11am	Hub	Café Club	\$2.00		
2pm – 3pm	Hub	Bingo	\$2.50		

### Lifestyle Activities 9-15 December

Time	Location	Activity	Notes
Monday 9 Decembe	r		
10am - 11.15am	Hub	Tots at Dots Xmas Special	
2pm – 3pm	Alandale Dining Room	Book Discussion Group: books and technology	
2pm-3pm	Cheater	Christmas Door Deco Craft	
Tuesday 10 Decem	ber		
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
9.30am	Wisteria Kitchen	Hearing Clinic	
2pm-3pm	Hub	Christmas Party: Adelaide Sound Connection -	Riddle &TCP Wisteria
Wednesday 11 Dec	ember		
2pm – 3pm	Riddle north	Christmas Cookie Decorating	
6pm – 7pm	Hub	Twilight Christmas Carols	CHRISTMAS RAFFLE DRAWN
Thursday 12 Decem	iber		
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Hub	Christmas Party: Kingston Choir -	Alandale & Day Respite
Friday 13 December			
10am - 11am	Wisteria	Seated Exercises	
2pm- 3pm	Hub	Movie – Operation Christmas Drop	
Saturday 14 Decem	ber		
10am - 11am	Hub	Music of the 60's&70's	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 15 December	er		
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	Quiz	

#### Lifestyle Activities 16-22 December

Time	Location	Activity	Notes		
Monday 16 December					
10am - 11am	Hub	Bowling	*No Tots		
2pm-3pm	St Clare	Christmas Whiteboard Games			
Tuesday 17 Decer	mber				
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00		
6pm – 8pm		Alwyndor up in Lights display walk			
Wednesday 18 De	ecember				
10.30am-11am	Hub	Uniting Church Service			
2pm-3.15pm	Hub	Singalong with Ollie and Dean			
Thursday 19 Dece	ember				
10am - 11.10am	Garden/Cafe	Walking group with garden talk			
2pm – 3.15pm	Hub	Jolly Happy Hour	Xmas Cocktails \$5 Door Deco winners announced		
Friday 20 Decemb	per				
10am-11am	Wisteria	Seated Tai Chi			
2pm - 3pm	Hub	Movie – Christmas Chronicles			
Saturday 21 December					
10am – 11am	Riddle North	Knit and Natter			
10am	All Areas	Shopping Trolley			
2pm – 3pm	Hub	Singalong with Ollie and Dean			
Sunday 22 December					
10am - 11am	Hub	Café Club	\$2.00		
2pm - 3pm	Hub	Bingo	\$2.50		

#### Lifestyle Activities 23-29 December

Time	Location	Activity	Notes			
Monday 23 Decem	Monday 23 December					
10am – 11am	Hub	Mixed games				
2pm - 3pm	St Clare	Milkshakes in the Garden				
Tuesday 24 Decen	nber					
9.45 am — 11.15 am	St Clare	Art Group with Meredith	\$5.00			
2pm-3pm	Riddle North	Christmas Reminiscing				
Wednesday 25 De	cember- Christma	as Day				
10.30am – 11pm	All Areas	Christmas Gift Delivery				
2pm – 3.15pm	Hub	Christmas Day Movie	Miracle on 34 <sup>th</sup> Street			
Thursday 26 Dece	Thursday 26 December- Boxing Day					
10am – 11am	Hub	singalong				
2pm - 3pm	Riddle North	Quiz and Things				
Friday 27 Decemb	er					
10am - 11am	Wisteria	Seated Exercises				
2pm - 3pm	Hub	Bocce				
Saturday 28 December						
10am - 11am	Wisteria	Cooking Demonstration				
2pm - 3pm	Hub	Bingo	\$2.50			
Sunday 29 December						
10am-11am	Wisteria	Seated Exercises				
2pm-3pm	Hub	Whiteboard Games				

# Lifestyle Activities 30-31 December

Monday 30 December				
10am – 11 am	Hub	Ball Games		
2pm-3pm	St. Clare	Putt Putt Golf		

Tuesday 31 December – New Years Eve				
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00	
10am-11am	Riddle North	Brain Teasers		
2pm-3pm	Hub	New Years Eve Celebration		

